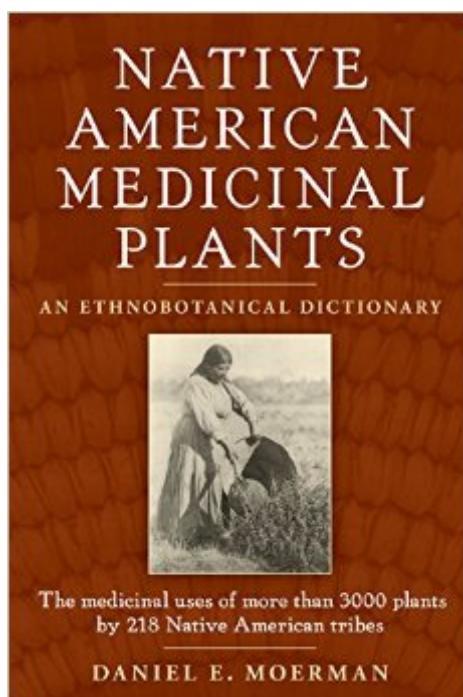


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# Native American Medicinal Plants: An Ethnobotanical Dictionary



## Synopsis

In *Native American Medicinal Plants*, anthropologist Daniel E. Moerman describes the medicinal use of more than 2700 plants by 218 Native American tribes. Information -- adapted from the same research used to create the monumental *Native American Ethnobotany* -- includes 82 categories of medicinal uses, ranging from analgesics, contraceptives, gastrointestinal aids, hypotensive medicines, sedatives, and toothache remedies. *Native American Medicinal Plants* includes extensive indexes arranged by tribe, usage, and common name, making it easy to access the wealth of information in the detailed catalog of plants. It is an essential reference for students and professionals in the fields of anthropology, botany, and naturopathy and an engaging read for anyone interested in ethnobotany and natural healing.

## Book Information

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## Customer Reviews

I do research on native medicinal plants and advise people on how to cultivate them or manage wild populations. This is one of the "must have" reference books sitting on a shelf in my office.

Understanding how native Americans gathered and used these plants has been very helpful to me as I work with these plants. The book is sensibly organized, well written, thorough, and enjoyable to read. If you are an herbalist who uses North American herbs, a researcher studying the medicinal benefits of these herbs, or someone interested in the historical usage of these plants, I suggest you purchase this book.

The books by Daniel E. Moerman are a must have, BUT.....choose wisely. The only reason to buy

the Food Plants book is if you want only the food knowledge and not the Medicinal uses or even how the plants were used in other ways (like entertainment). If your interest is medical and not culinary, then get the Medicinal book. For me the best is the original Native American Ethnobotany because it has the edible, the medicinal and other uses of the plants. What is missing in his first book, but is in the Food Plants book are the line drawings of plants. It might be nice to add that in future publications of the Native American Ethnobotany book, but is not enough to go out and duplicate the information already printed in this fine study. Do yourself a favor and choose the complete work to the two later releases.

This is a very thorough desk reference. It is made easy to use with varied different indexes. With so many sources from a variety of eras gives the information real depth and a special insight to western medicine.

This book on Native American Medicinal Plants is an excellent and well written resource, for anyone interested in learning more about the native plant world, the tribes and the native habitat that the plants can be found. This is a great reference, for students of plant science or healers. These are sacred plants and to be used in a respectful manner. I am sure that people reading this book already know this, if they are taking the time to read this piece of literature - for educational and healing purposes. I am in gratitude to the author for making such great efforts to gather this information for the public.

I purchased the book as a gift for one researching a story. It became a valuable tool in the research and also provided information for personal use. Well received and used it.

Excellent reference book. Not something you'd read cover to cover, but certainly worth browsing and a definite need for your reference shelf. Incredibly well done cross indexing.

The person that I ordered it for said that it's a good book just not exactly the one he wanted ordered. But he seems happy with it anyways. Got delivered very quickly!!

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